

Registration begins February 20; classes begin March 19 unless noted otherwise within class descriptions.

No class March 30. To view a list of class location abbreviations, see page 2.

**These programs are designed for children and adults with intellectual and physical disabilities. Individuals may register for programs at the Recreation Office, 3500 S. Rural Road, Suite 201,**

**If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.**

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### Camp Challenge Summer Day Camp

Camp Challenge is a summer day camp during the months of June and July for youth ages 5-21 with intellectual and developmental disabilities. Campers will participate in a variety of fun activities that promote physical exercise, mental stimulation, social skills development and other benefits. Activities include arts and crafts, games, swimming, music, field trips, bowling and many others.

We are a DDD authorized provider. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh\_Bell@tempe.gov, or visit [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation) for more information regarding the program and the registration process.

#### Session One:

No Code 15-21 yrs M-Th 6/11-6/28 8 a.m.-2 p.m.

#### Session Two:

No Code 15-21 yrs M-Th 7/9-7/19 8 a.m.-2 p.m.

### L.E.A.P. After-School Program

L.E.A.P. is the Life Skills Enrichment After-School Program, an after-school program for middle school and high school students with developmental disabilities in the Tempe Elementary and Union High School Districts for the 2017-18 school year. The program follows the school year calendar and takes place Mondays through Fridays until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in a variety of engaging recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh\_Bell@tempe.gov, for more information regarding the program and how to register.

No Code 11-21 yrs M-F 1/8-5/23 2-6 p.m.

### Health & Fitness

#### Zumba

Zumba is a high-energy, cardio workout incorporating unique moves with upbeat Latin and international music. Class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision should provide their own aide.

Fee: \$18. 480-858-2469

58084 13 yrs+ T 3/27-5/22 3:45-4:30 p.m. PAC

# Adapted Recreation

## Friday Night Social Activities

Friday Night Social Activities are the first two Fridays of each month and are for individuals with intellectual/developmental disabilities ages 13 and older. The activities promote socialization and fun, and are great opportunities to get together with friends as well as meet new people. Any participants requiring direct supervision should come with a responsible adult. Transportation is not provided by the City of Tempe to and from the Friday Night Socials. Please ensure that participants have reliable forms of transportation and are scheduled for pick by the scheduled end time of the activity. Supervising staff/adults do not have to pay admission fees. Fees vary between \$2-4 and are paid at the door. There is no advance registration. The first Friday of each month rotates between Bingo, Karaoke or Movie Night. The second Friday of each month is a themed social dance.

### Bingo Night

Put your luck to the test by joining us for a night of Bingo. Each round will have at least 3 winners who get to choose from a variety of food, snack and non-perishable items. Grand prizes usually consist of higher priced items or gift cards.

**When:** March 2

**Time:** 6:30-8:30 p.m.

**Where:** Pyle Adult Center, 655 E. Southern Avenue

**Fee:** \$3 at the door

### Karaoke Night

Come and sing your favorite tunes, play ping pong or shoot some pool in the billiards room. We have a selection of Karaoke music to choose from, or you can bring your own music on a CD or mp3 player.

**When:** May 4

**Time:** 6:30-9 p.m.

**Where:** Pyle Adult Center, 655 E. Southern Avenue

**Fee:** \$3 at the door

### Movie Night

Join us as we show a recently released DVD movie. Visit our website to see what movie is scheduled to show. Paid admission is for your choice of popcorn/candy and soda/ water.

**When:** April 6

**Time:** 6:30-8:30 p.m.

**Where:** Pyle Adult Center, 655 E. Southern Avenue

**Fee:** \$2 at the door

### Social Dance

The second Friday of each month is our themed social dance, featuring a DJ playing a mix of current hit songs and favorite classics. Paid admission includes entering your name into a door prize drawing, which is typically held around 8 p.m.

**When:** March 9, April 13, May 11

**Time:** 6:30-9 p.m.

**Where:** Edna Vihel Activity Center, 3340 S. Rural Rd.

**Fee:** \$4 at the door

## Tempe Special Olympics

### Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or [josh\\_bell@tempe.gov](mailto:josh_bell@tempe.gov).

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation) for registration information and to download the medical and consent forms.

**Advance registration is highly recommended as on-site registration will not be accepted for any sports that have hit their registration maximum.**

- Register on-line at [www.tempe.gov/brochure](http://www.tempe.gov/brochure) (use the program registration code).
- Mail registration to: Josh Bell, Adapted Recreation, 3500 S. Rural Rd., Suite 201, Tempe, AZ 85282. Download form from [www.tempe.gov/adaptedrecreation](http://www.tempe.gov/adaptedrecreation).
- Register in person at the Recreation Office, 3500 S. Rural Rd. (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registration.

### Special Olympics Powerlifting

Athletes will participate in a workout regimen to build strength and train to compete in the deadlift and bench press events under the supervision of experienced powerlifting coaches. Practices are held at Performance One Advanced Sports Training, 916 E. Baseline Road Suite 130, Mesa 85204. Fee: \$10. 480-858-2469

58085 16 yrs+ Sa 2/24-4/28 noon-1:30 p.m.

### Special Olympics Track & Field

From a variety of throwing events to walking and running events, track and field has options that will appeal to all ability and skills levels while keeping athletes active and engaged. Practices held at Marcos de Niza High School track and field area. No practice 3/8. Fee: \$10. 480-858-2469

58086 8 yrs+ Th 2/22-4/26 5:15-6:30 p.m.

### Special Olympics Volleyball

A great sport for all ability and skills levels. Practices will focus on athletes learning the fundamental skills of volleyball and in turn using those learned technique in scrimmages and matches. Practices held at Aspire Volleyball Gym, 8350 S. Kyrene Rd. #107, Tempe 85284. Fee: \$10. 480-858-2469

58087 8 yrs+ Sa 3/3-4/28 3:30-4:30 p.m.  
58088 8 yrs+ Sa 3/3-4/28 4:30-5:30 p.m.